

Health plans in northern CA are vaccinating patients aged 75+ at different locations. Below is more information & instructions for each health plan. Remember, vaccine appointments will only be scheduled according to vaccine supplies on hand. As these organizations receive more vaccines, they will be able to schedule more appointments. Gov. Newsom expanded eligibility to people 65+ years of age but vaccine eligibility is exceeding supply. Therefore many health plans are focusing on the more vulnerable population of people aged 75+ until their supply levels increase to include 65+ and then 50+ year olds.

Sign up for your health care plan's online health portal if you haven't done so already. The links for each plan's health portal are listed below.

**El Dorado County** Clinics and Safeway stores are full & not accepting new appointments for vaccines until more supplies come from the state. Please continue to check their website for more information: <https://edcgov.us/Government/hhsa/Pages/EDCCOVID-19-clinics.aspx>

They are looking into additional vaccine locations for our general and senior populations.

**Sutter Health** is offering COVID-19 vaccines to those aged 75+. Patients will get a letter in the mail, call the 1-800# provided in the letter.

Or go to: [www.myhealthonline.sutterhealth.org](http://www.myhealthonline.sutterhealth.org) to schedule an appointment and update your contact information.

Call center: [1-844-987-6115](tel:1-844-987-6115) open 7 days/week but experiencing very long hold times. If you are a Sutter patient and have not registered for the MyHealth web-portal, the link above has a section titled: "Not Enrolled, Sign Up Now" where you can enroll.

**Dignity Health** is scheduling COVID-19 vaccinations to patients as supply level allows. They are calling patients aged 75+ on the telephone to make appts & give instructions. Vaccines offered through Mercy San Juan and Methodist Hospital.

They request you do not call the hospitals, but wait for them to contact you.

More information here:

<https://www.dignityhealth.org/sacramento/-/media/Service%20Areas/sacramento/PDFs/COVID-Vaccine-Administration-MMG-01.ashx?la=en&hash=A55CCE010593391075ED57646F032D702B5FBBC8>

To sign up for Dignity's online health portal, or update your contact information go to: <https://www.dignityhealth.org/login>

**UC Davis Health** is scheduling appointments for those aged 75+. You must be a UC Davis patient who has been seen by a physician in an outpatient setting (doctor's office) within the past 18 months.

If you do not have an online MyChart account with UC Davis, please create one here: <https://mychart.ucdavis.edu/MyChart/Authentication/Login?mode=stdfile&option=Signup>

You can also update your contact information there. They will reach out through MyChart by: email, phone or letter.

If you do not have a MyChart account, they will reach out with the contact information they have in the system. You can also call [916-703-5555](tel:916-703-5555) to get information regarding scheduling appointments.

Their vaccines will be administered at the MIND Institute on 50th Street. General information from UC Davis reg. COVID vaccines: <https://health.ucdavis.edu/login/>

### **Kaiser Permanente**

"We'll reach out to our members as vaccines and appointments become available for them. It's not necessary to email, call us, or go online for appointments until we've contacted you first. Please note that primary care physicians can't book appointments for vaccines."

What to do now:

- **If you're age 75 or older**, we'll contact you directly via email or letter as vaccine supply becomes available and we'll provide you with instructions on how to make an appointment.
- **For all Kaiser Permanente members**, stay up to date — for the latest information on when other groups may be able to get the vaccine, visit [kp.org/covidvaccine](https://kp.org/covidvaccine).
- Kaiser Advice Nurse line: [1-866-454-8855](tel:1-866-454-8855), they are open 24/7. People are reporting some success in scheduling appointments there but wait times vary 2 - 5+ hours.
- Kaiser's online Health Portal: <https://healthy.kaiserpermanente.org/northern-california/sign-on#/signon>